

**IMPORTANT: Change to our previous pick up schedule!**

Camper Pick Up will occur at **2pm on Friday**. You are welcome to take a tour of camp with your camper and enjoy cookies and drinks. Activities will conclude with **final departures by 4pm**.

*Parents, please make sure you print off the last page of the packet, sign it and bring it with you to the drop-off for your camper.*

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## LETTER FROM THE CAMP DIRECTOR

**Dear Camp Cavell Families,**

I am thrilled to introduce myself as the new Camp Director of Camp Cavell Conservancy and to be joining this amazing community. I look forward to working with all of you to create a summer that your children will never forget.

With over 12 years of experience working in the camp industry, I have a passion for helping children grow and learn through outdoor experiences. My education in Therapeutic Recreation from Grand Valley State University and various experiences have given me a deep understanding of the importance of providing safe, fun, and engaging outdoor activities that help children develop their physical, social, emotional, and cognitive skills.

The summer programming that we have planned for this year is exciting! We will be offering a wide variety of activities, including swimming, technical tree climbing, kayaking, archery, horseback riding, arts and crafts, and more. We will also be offering a variety of special events, such as a talent show, a campfire sing-along, campout nights and a slide show. Thank you for choosing Camp Cavell Conservancy for your child's summer camp experience.

Camp Cavell Conservancy is a truly transformative place and I am committed to working with all of you to make camp the best it can be. I am looking forward to meeting all of you and your children this summer. We are going to have a wonderful time together.

Sincerely,

**Jacquie Meyer**

*Camp Director*

Camp Cavell Conservancy | Lexington, MI



## WHAT TO EXPECT AT CAMP

At Camp Cavell we encourage kids to experience a multitude of different activities that they may normally not get to do. This includes technical tree climbing, kayaking, learning to care for a variety of animals and more! Your kids will have a variety of activities planned from early morning until the evening and will be busy the entire week.

### CAPERS

We encourage your children to take part in caring for the camp and caring for nature. We teach them the importance of cleaning up after themselves and others and doing their part to protect the plants and animals that live with us on camp grounds. In the mornings, the campers will be expected to participate in their “caper” for the day which may include feeding the animals, picking up trash on the beach, or leading the flag ceremony to start the day. Your child will also be encouraged to clean their space in their cabin each morning.

### CLOTHING

Camp life is dirty and hard on clothes, please prepare your kids to pack comfortable clothes that are not their favorite items. Camp Cavell is well known for its mud hikes, please pack an extra set of clothes (or two!) for activities that may be extra muddy!

### ELECTRONICS

Most of our cabins have no air conditioning and few electrical outlets! Please leave electronic devices that require charging or outlets at home so your child will not be disappointed. Cameras that take batteries or disposable film cameras are encouraged! ***(Please note that any cell phones or internet-enabled devices are not permitted at camp and will be kept in the front office until check out.)***

### MEALS

Our meals at camp will be served family style and we will encourage campers to try new things. If your child has any dietary restrictions please let the camp know at least two weeks ahead of time so we can prepare. You can do this via UltraCamp by logging in to your account and clicking on your child’s name under “Account Members”. Next, you will click on “My Forms”, then “Summer Camp Health Form” to add dietary needs.

### GROUND RULES

**NO SMOKING or VAPING, ALCOHOLIC BEVERAGES, WEAPONS, or DRUGS or illegal substances** are permitted at camp. Campers will be sent home for breaking the rules or for behavior that does not foster a positive, caring, safe spirit in the camp community. If a camper is sent home, parents will be responsible for timely transportation home.



# DROP OFF/PICK UP AND VAN TRANSPORTATION

**Returning parents, please note that our pick-up time for campers has changed this year. Our end-of-week cookies & pick-up will begin at 2pm on Friday with activities ending and final departures occurring by 4pm.**

## DROP OFF

**Wednesday from 3:30pm - 4:30pm**

Upon arrival at camp you and your child will need to check in with our health officer and other staff members to do a lice check and initial health screening. Please make sure you bring any medications your child takes in their original bottle and labeled with their name. You should have received a health form that is also available on Ultra Camp, please make sure that is filled out as accurately as possible and can be given to our health officer at drop off.

Once you have checked-in with the health officer you are able to take your child to their cabin and help them set up for the week. Once they are settled we ask that you make sure you have their cellphones or other items they will not need this week (please see page 5 for a completed list of these items) prior to your departure. If your child has any of these items they will be stored in the camp office until you return to pick up your child.

## PICK UP

**Friday from 2pm - 4pm**

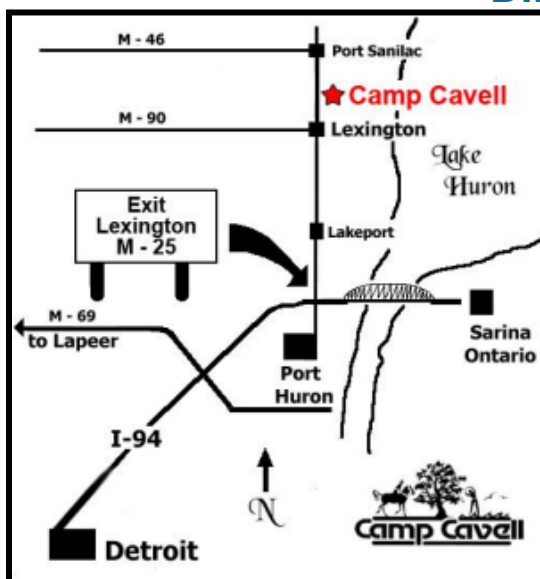
Parents, please note the change from our previous years' pick up time.

We will provide cookies & refreshments from 2pm - 4pm and you are welcome to take a tour of camp with your child once you have signed out. Any medications turned in to the Health Officers at the start of camp will be returned when you sign out your child. Please make sure you get their free camp t-shirt!

## VAN TRANSPORTATION

If your child has camp-provided transportation please contact the Camp Cavell office at (810) 359-2267 for information on when and where your child's pick up and drop off will be.

## DIRECTIONS TO CAMP



### ADDRESS:

3335 Lakeshore Rd  
Lexington, MI 48450

### LOCATION:

Camp is located on the coast of Lake Huron about 25 miles North of Port Huron or 4 miles North of Lexington.

### DIRECTIONS:

Take I-94 East toward Port Huron. Take the Lexington exit and follow signs to North M-25 (Lakeshore Road). Camp Cavell's entrance is on the right 4.5 miles North of Lexington on M 25. We are just past Aitken Road.

# CAMP CAVELL PACKING LIST

What to Bring	What NOT to Bring	Extra Info
<ul style="list-style-type: none"> <li>● 1 Suitcase, duffel bag, or backpack</li> <li>● *1 Sleeping bag or blankets</li> <li>● 1 Set of sheets, pillow, extra blanket</li> <li>● *1 Jacket</li> <li>● 1 Sweatshirt/Sweater</li> <li>● 2 Tops &amp; Shirts</li> <li>● 1 Jeans/Pants</li> <li>● 2 Shorts</li> <li>● 1 <b>One Piece ONLY!</b> Bathing Suit</li> <li>● 1 Pajamas</li> <li>● 3 Underwear</li> <li>● 3 Pairs of socks</li> <li>● *1 Pairs of Gym Shoes or Walking Shoes</li> <li>● 1 Boots</li> <li>● 1 Sun or Baseball Hat</li> <li>● 1 Toiletries (<i>i.e.</i>-brush, toothbrush, toothpaste, soap, shampoo)</li> <li>● Flip-Flops or shower shoes</li> <li>● *2 Bath/Beach towel &amp; Washcloth</li> <li>● Sun-Block and Bug Spray - <b>Non Aerosol Sprays</b></li> <li>● 1 Laundry Bag</li> <li>● *1 Raincoat/Poncho</li> <li>● *1 Flashlight &amp; Extra Batteries</li> </ul> <p style="text-align: right;"><i>*Essential items</i></p>	<ul style="list-style-type: none"> <li>● Cell phones or other electronic devices that connect to the internet.**</li> <li>● Electrical items that require an outlet                             <ul style="list-style-type: none"> <li>○ At camp your child will have very limited access to outlets. Please be aware of this when packing.</li> </ul> </li> <li>● Pets</li> <li>● Matches/Lighters</li> <li>● Weapons</li> <li>● Drugs or illegal substances</li> </ul> <p style="text-align: center;">Our commitment is to keep camp safe. Camp Cavell reserves the right to send campers home as needed for being in possession of any items listed above, for not following camp guidelines, or otherwise endangering the safety of themselves or others.</p> <p style="text-align: center;"><i>**If your camper brings a cellphone or other wifi-enabled electronic device it will be kept in the office until you return to pick up your child.</i></p>	<ul style="list-style-type: none"> <li>● Label all clothing &amp; equipment! Camp is not responsible for lost articles.</li> <li>● Water shoes or an old pair of shoes that stay on the feet in waves are important! (There are lots of rocks in the water.)</li> <li>● Kids will get their feet wet; it's inevitable at camp. Bring extra shoes!</li> <li>● Flashlights are important! There are no yard lights. Bring one for each person.</li> <li>● Mud hikes are famous at camp! Your child may decide to go on one when you never thought they would. <i>Bring old clothes and old shoes that tie.</i></li> <li>● Weather at camp can range from very hot to cold. Be ready for the unexpected!</li> </ul>

## OPTIONAL ITEMS:

musical instruments / inexpensive battery operated camera / books / postcards / envelopes / stamps / pens / battery powered lamp for reading

## SNACKS

Please limit snacks sent to camp. We have plenty of good food and snacks for a healthy experience. If you do send a snack please make sure there is enough to share with the cabin (unless approved by the Health Officer), please note that they will be kept in the counselor's room for times when counselors feel are appropriate. ***They must be brought to camp in airtight containers and contain no nut products.***



## CAMP STORE

During the week your camper will have the opportunity to visit the Trading Post (our camp store). We sell various items such as t-shirts, water-bottles, stuffed animals, stickers, and more! Items in the camp store range from \$1 for a Pencil to \$30 for a Sweatshirt. We recommend sending your child with between \$15 and \$35. You can add this money to their account via UltraCamp or if you prefer to use a check or cash there will be a staff member collecting it at check-in to ensure it goes to the correct account. *Please do not send your child with cash on their own, Camp Cavell will not be responsible for any lost items including money.*

Any money your child does not spend at the camp store will be refunded to you. Cash will be returned at pick up and card refunds will take place through UltraCamp.

## REFUNDS

Deposit is nonrefundable, 50% of other fees refunded if notice is received 24 hours prior to program. All refund requests must be made in writing to the Camp Cavell Office. Should your child be required to leave a session or trip for medical or behavioral reasons, there will be no refund of fees and parents are responsible for the child's transportation home. If you have any questions please call the camp office at (810) 359-2267.

## LOST & FOUND

Lost and found items will be kept for one week following your campers departure. If you would like to pick up your item they will be stored in the Main Office. If you need your item shipped to you there will be a base fee of \$10 plus the cost of shipping. Please call the camp office at (810) 359-2267 if you have any questions regarding your child's lost items.



## HEALTH INFORMATION

Please make sure you fill out the Health Form in UltraCamp or print it out and bring it with you to camp at check-in. Please make sure you list any allergies. Food related allergies should be made known to camp at least 2 weeks before your child's arrival to ensure we have substantial food to accommodate.

It is a state law that all medications (including over the counter ones) be kept by the health officer. This includes things like Tylenol, medicated creams, medicated throat lozenges, etc. All medications are **required** to be brought to camp in their original container. They must be labeled with the camper's name, listed in the camper health history, placed in a plastic zip lock bag, and not expired. If not in an appropriate container, you will be asked to take the medicines home with you. The Health Officer does keep limited over-the-counter medicine in stock, please make sure any medicines that should not be given to your child are clearly marked on the Health Form.

**Camp may trigger allergies.** Even if your child has not had a problem recently, it is important to send any inhalers, breathing treatment machines, etc. they may need. Once checked in with the health officer, inhalers and injectors can be carried by your child's counselor, if necessary.

We will call you if your child has a health issue that requires a doctor's visit, requires an overnight stay in the Health Center, is injured beyond everyday bumps and bruises, or we need your input to solve a problem.

### PRESCRIPTION MEDICATIONS

Prescription medications must be current, in the original container and prescribed for the camper. If you want a child to have a different dose or take it at a different time than the label indicates, you must sign a note indicating the change. If a child needs someone to give an injection, please notify the camp ahead of time.

### ILLNESS

The Health Officer reserves the right to send home any child displaying any symptom of illness or injury including, but not limited to: Fever, vomiting, diarrhea, lice, ringworm, pink eye, rashes, sores, sore throat, swelling, shortness of breath, etc. If your child is sent home for any reason it will be your responsibility to pick up your child in a timely manner.



# STAYING IN TOUCH WITH YOUR CAMPER

## LETTERS

Letters are important to your campers! Every child loves receiving a letter from their family whether this is their first time at camp or if they have been coming for years. Please note that it can take 2 to 3 business days for your letter to reach your camper so plan accordingly. Many parents like to send first letters out on the Friday before camp to ensure it arrives on time. You can also give your letters to a staff member at check-in and we will make sure your camper gets theirs each day! *Especially since your children will only be at camp for 3 days we highly recommend either pre-writing letters to give to your campers counselor or using our E-Mail option!*

## E-MAIL

Additionally, we do have the option to E-Mail your camper. To email a camper, log into your UltraCamp account, click "Additional Options" and scroll down to "E-Mail a Camper". We will print these emails out for your child and deliver them like mail! Any email must be sent prior to 8am for your camper to receive it that day. *(Please be aware that your child will not be able to respond to your email.)*

## HOMESICKNESS

Your child may experience homesickness, especially if this is their first time away from home. Our counselors are trained and well versed in ways to validate your child's feelings while still encouraging them to experience camp and have fun. It can sometimes be tough for the first night but campers will often have a great time when they stay at camp. We ask that you do not promise your child that you will pick them up if they are feeling homesick since this can often make it harder for them to be willing to adjust. With your help we can make camp a fun and exciting time for your child. Prior to camp we ask that you talk to your child about homesickness and remind them that it is normal but not to dwell on it. There are several exciting opportunities for your child to experience and it is important to remind them of that! If your child is having a difficult time adjusting to camp we will reach out and determine what the best next steps are. If there are any reasons why your child may be feeling especially anxious about time away at camp or if there are any stressors at home please let us know so we can be prepared to help your child.

## CELLPHONES

Please be aware that your child cannot have their cellphone while at camp to contact you. There is limited connection to the internet as is and it is unlikely that their phone would work well enough to contact you. We have also found that when children have their cellphones it can make homesickness worse and can completely overtake their camp experience. If a child is found to have a cell phone it will be kept in the front office of the camp until you return to pick up your child. Please make sure before your departure at drop-off that you have your child's cell phone and other electronic devices. If your child needs to call home for an emergency we have phones in the office they can use.



# AUTHORIZATIONS

## Parent or Guardian Must Sign & Return!

- My child has permission to engage in all prescribed camp activities, except as noted by me or an examining physician. In case of serious injury or illness, parents or the emergency contact person will be called immediately for their decision on medical treatment. If parents or emergency contact person are not available, we will use our best judgment as to what course of action to pursue and will continue to attempt contact. Camp Cavell Conservancy will not be responsible for any costs incurred as a result of illness or injury. If your child becomes ill or has a minor injury, we will treat them at camp and contact you if care to a greater extent or more information is needed.
- If your child is sent home due to illness or behavior, it is the parent's responsibility to transport them in a timely manner. I understand that no refunds will be given for any of the fees associated with camp if my child is sent home.
- Parents should notify camp if their child is exposed to any communicable disease during the three weeks prior to camp attendance. Additionally, we will inform you if your child has been directly exposed to a communicable disease at camp.
- I also give my permission for my child to be photographed or videotaped, and allow Camp Cavell to release said pictures for publicity purposes using good judgment.
- I understand that my child may travel off camp in camp-designated vehicles for: routine medical care, off site trips or overnights at a local campground in the area. Camp policies and procedures will be in effect on any trip and a minimum of 2 adult staff members will accompany the group. An adult with first aid and CPR training will be present at all times. Staff will have an emergency phone.
- I understand that camp is not responsible for campers' personal belongings and they may be searched by an administrative staff member with the camper present when the well-being or safety of the camper or others requires it. If my camper brought a cellphone or other wifi-enabled electronic device, I understand that this will be store in the camp office until the end of camp. Please make sure you have your child's devices prior to your departure of camp or the bus pick-up location for drop-off.
- I understand that my camper may have the opportunity to receive an introductory lesson in technical tree climbing, kayaking, horseback riding or other adventure activities that have inherent risks. They would participate only after the evaluation of the readiness of each camper, with the proper safety equipment and trained staff. Introductory lessons would include safety orientation and limit the campers to a safe height or distance appropriate for their age and abilities. Campers are responsible to follow the safety rules and directions of the staff.

I understand the information stated here and agree to all items unless I have noted otherwise here:

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

